BE A W.E.S.Ty!
What Is W.E.S.T?

Welcome  Say hello in the morning and greet people with a smile.

Encourage  Others is a great way to make your friends feel good.

Sorry  When you say sorry you need show you are sorry too.

Thanks  Is an expression of gratitude. At least say thanks 10 times a day.
WELCOME

You can be welcoming by greeting your neighbours (friends) and using their name such as “Good morning ___________ (your friend’s name)”, “Goodnight __________” or even “How are you __________”. There are also many ways to be welcoming instead of just saying it, like showing it, as they say, “Actions speak louder than words”, you could open the door for someone, or have a welcoming smile everyday. Try to at least say welcoming things 10 times a day! A smile in the morning is contagious so spread it around!
Encourage means giving someone support or confidence to do something. You can be an encouraging person by saying positive words. Do not let others down and discourage them. Encourage others to keep on going and trying their best.
SORRY

Saying SORRY is an important word in life. You can say SORRY by looking them in a well mannered way. You can say SORRY and also do something special for that person. That way they will know you're really SORRY.

Remember,
Actions speak louder than words

QUESTION:
Do You Really mean sorry??
Thank You

“Thank you” is a way you can tell to others that you are thankful of what they have just done and remember to use their name while saying, THANKS! Another way of expressing you’re thankful is that you could give them a friendly smile at the person and give them a cuddle or a BIG nice hug and a compliment, such as, “Thanks ________(name of person),” if they give you something.

And try saying something nice about them. Such as, “I love your hair!” or, “I think your Shirt is really cool.”
DON'T BE AN EASTIE!

Created by Amy, Han, Dalaurice and Lyna
Excluding people is not nice. You should ask them to play with you or if it looks like they feel lonely then try to cheer them up.

Think, what would Jesus do. Jesus would include people not exclude people.
Arguing is bad. It promotes fights, gets people in trouble and revolves in backchatting. You can simply just walk away from the argument or try to stop it from happening. If that doesn’t work then tell a teacher or a parent.
S is for sulking. Sulking is unnecessary, annoying, rude, and a way of saying that you don’t care. By sulking you put on tantrums for no real reason. Sometimes people sulk at the tiniest things like: they don’t want to clean their room, they don’t want to do the dishes and more.
Talking back: Not a good idea. Think of the consequences you’ll get in. Your iPad may be taken away from you, you might have to do chores for a week or even go to bed without dinner. So think again. DON’T TALKBACK!
DONT BE AN EASTIE, WHEN YOU CAN BE A WESTIE!