The meaning of W.E.S.T

Presented to you by Laura and Olivia
Welcome someone no matter where they come from and no matter what they’re like always welcome someone new.

Welcome someone into your language by teaching them the language.

Welcome someone into your house by making them comfortable.

W = Welcome

Welcoming means including someone in something.
Encouraging means you help everyone to keep trying and to NEVER give up.

When someone gives up in sport when they are not good you support them to try harder until they're good.

If someone is scared to do something encourage them try.

When someone falls in a race ENCOURAGE them to get back up.
When you knock over someone’s ice-cream you say sorry.

Say sorry when you say something that hurt a person’s feelings.

Say Sorry when you turn someone down.

S = Saying Sorry
Saying SORRY is a way to ask for forgiveness.
Say thanks if someone has done a favour for you.

Say thank you when someone helps you with homework.

Say thank you when someone gives you something like a present or gift.

Saying THANKS is a kind way of appreciating what someone has done for you.
Different but best friends
The meaning of E.A.S.T

{Don’t be a EASTIE!}
When someone asks you to play and you say no that’s excluding.

If you see someone alone you leave them alone and go away from them. That’s excluding.

When someone invites you to hang out with them you reject them.

E = Excluding

Excluding someone is a very unkind way of rejecting a person.
When the teacher tells you to sit out and you yell at them that’s being argumentative.

When your parents tell you that you’re having something that you don’t like for dinner and you yell at them.

When your friends and you think up a plan for the weekend but you disagree.

A = Argumentative

When you are ARGUMENTATIVE you are being very disrespectful.
If you sulk a lot people get extremely annoyed and will potentially start ignoring you.

When a teacher tells you something that doesn’t please you don’t sulk. Sulking can get you in trouble with teachers and will not make you the teacher’s favourite.

When you SULK try to stop. Sulking can get people annoyed very easily and can get people frustrated.

Sulking can get people to not even be near you. People might even try to avoid you when you’re around.
When the teacher says something but you think it’s wrong and you yell at them that is talking back.

When your parents tell you to clean your room but you don’t want to and argue with them.

When your teacher tells you to do something but you don’t want to and talk back.

T = Talkback

When you TALKBACK it is extremely rude. Talking back may get you into trouble so don’t do it!
Hope you enjoy!